

INTRODUCTION

As a teaching church, Village Presbyterian Church has taken the role of life-long learning for its members as a major part of its life. Village University was a major creative venture by this teaching church, providing a multitude of courses designed to train, enrich and nourish the children of God in the 21st Century.

Village University continues to grow and evolve as it seeks to meet the needs and desires of the people. Beginning in January 2010, Village University will be offering courses in a more varied format. The time between January and May 2010 has been divided into the Winter Quarter, the Lenten Journey and the Spring Quarter.

The Winter and Spring Quarter class offerings will resemble previous semester offerings. However, there will be fewer courses “packed” into the quarters, allowing students to take courses while reducing the difficult choices between courses offered at the same time. In planning the courses, the Quarter system allows for more flexibility in planning courses that respond to our rapidly changing world. For example, the course dealing with the subject of the end of time was conceived within two weeks of the publishing of this catalog.

The Lenten Journey is a time for in-depth study of personal faith. While there will be some of the traditional courses Village University has offered, the emphasis will be on subjects such as “How do I Pray?” or “How do I teach my children (grand children) what it means to be a Christian?” The pastors will be teaching these in-depth courses on personal faith.

We are also expanding the Village University course offerings to include various times of the day – morning, afternoon and evening. In the mornings there are classes that partner with pre-school activities for stay-at-home parents. Afternoon classes are being expanded for those who find attendance at evening events less convenient.

There are also those courses that span the two quarters and Lenten Journey. As with any institution of life-long learning, Village University is growing and evolving to better serve the needs of its students.

Suggestions for courses and course proposals are always welcome.

Contact the Adult Ministry Office. And don't forget to become a fan of Village University on



Facebook.

For the Adult Ministry Committee,

Dr. Ron Patton, H.R., Parish Associate

Welcome to Village University, a “university inspired layout” of topical short-term courses for people wanting relevant, in-depth and balanced education on a variety of topics. This course catalog represents Village University’s schedule of 2010 Winter Term courses, covering a wide variety of subject areas, including Art, Bible Study, Environment, Faith, Family, Health/Wellness, Literature and Social Issues. We invite you to look through this catalog and enroll in any and all classes you would like to take. Enrollment in Village University is open to everyone!

You may enroll for all courses online at the Village University website: www.VillageU.com. Other methods of enrolling are listed on page three of this catalog. There is a flat \$15 enrollment fee (or \$25 if you require child care), which allows you to take as many courses as you wish in a semester. You can pay this fee with cash, check or credit card (Visa or Master Card).

There are several free courses being offered this semester.

We look forward to seeing you at Village University!

For more information visit our website:

www.VillageU.com, or contact

Marianne Weber, Village University

Coordinator, 913.671.2333 or

marianne.weber@villagepres.org.

Child Care at Village Presbyterian Church

Child care is available by reservation when you register for Village University classes. Our trained caregivers provide loving care, fun and creative activities for your children.

Child care reservations must be made – at the latest – **one week prior** to the start of the course. Please remember to call to cancel your child(ren)'s reservation if you are unable to attend a class. Additional information is available online or by contacting the Child Care staff: Marjean, 913.671.2322 or marjean.lindquist@villagepres.org, or Pam, 913.671.2352 or pam.southerland@villagepres.org.

PLEASE NOTE: **In order to accommodate as many families as possible and to follow licensing guidelines, children are placed in classes based on their birth date. Depending on our enrollment, some classrooms may need to be a combination of age groups or a specific age group may need to be divided among two rooms. Therefore, we do not take requests for classroom placement. Thank you for understanding.**

Dinner before Class

Wednesday Night Dinner

Join us for dinner Wednesday evening (begins at 5:30 p.m.) before class — traditional entrées with a full salad bar and dessert. Cost is \$6 per person or \$18 per family of three or more. Reservations are encouraged. Call Community Life at 913.671.2334.

*Village Presbyterian Church
6641 Mission Road
Prairie Village, KS 66208*

5 Easy Ways to Register for Village University Courses!

Registration begins November 30 and remains open through the entire semester.



Enroll Online ... www.VillageU.com

All courses offered this semester are available for web registration. Pay by check or credit card.



******EASIEST & BEST WAY TO REGISTER******



By telephone ... 913-671-2333

Call Monday through Friday, 8:30 a.m. – 4:30 p.m. Calls made during other hours will be answered by voice mail. Please leave a message!



By fax ... 913-262-0304

Complete and sign the enrollment form included in this course catalog. Fax registration is available 24 hours a day, 7 days a week.



By mail

Complete the enrollment form in this catalog. Enclose a check payable to Village Church or include your MasterCard or Visa card number and expiration date. Send your form and payment to:

**Village University
Village Presbyterian Church
6641 Mission Road
Prairie Village, KS 66208**



In person

Register in person with Marianne Weber at Village Presbyterian Church, Room 119. Registration is open from 8:30 a.m. to 4:30 p.m. Monday-Friday. You may pay by check, cash or credit card.

Art

PLEASE NOTE THAT SOME ART COURSES REQUIRE AN ADDITIONAL FEE.

Course

A.001 *Boomerangs*

Join the Boomerangs (the Baby Boomers & Above Handworks class) to start or finish any project from knitting, rug hooking, needlepointing to balancing your checkbook! Field trips to various Kansas City locations are also scheduled with lots of side trips. This class is designed for Baby Boomers and above, and **childcare is not available**. Led by Brenda Nolte. Tuesdays-January 5-May 11. 10:00am – 12:00pm. Rooms 307/309/311.

A.002 *Knitting at Night*

Whether you would like to **learn how to knit**, currently are a beginner, an experienced knitter, or would like to learn how to knit projects for Mission Sewing, come join the fun, friendship and camaraderie at Tuesday's "Knitting at Night" class. Beginning classes will be offered throughout the class session. Basic materials will be required. Please consider this as an opportunity to learn how to make not just something for yourself, but also for others. Led by Mary Brown and Katie Trenkle. Tuesdays- January 12-April 27. 6:30-8:00pm. Room 333.

A.003 *Life Drawing*

Have you always wanted to learn how to draw or you like to draw but just don't have the time to pick up a pencil? Join us as we draw from life; all levels are welcome! The class will do some still life studies, figure drawing and any other subject matter that might interest the group. Mondays - January 25-March 8. 9:30-11:30am. Room 15.

A.004 *Monday Handworks*

Two hours a week catch up on those projects you can't ever seem to get to ... knitting, sorting photos, scrapbooking, etc. Led by Allison Sandstrom. Mondays - January 25-May 10. 9:30-11:30am. Rooms 307/309/311. **Class will not meet on February 15, March 15 and April 5.**
Class limit: 30.

A.005 *Maximize Your Potential with the Forever Young Diet & Lifestyle*

Becoming the best, healthiest, happiest, you can be is more than just dieting; it's a lifestyle. During this session, **The Forever Young Diet & Lifestyle** author, Joan O'Keefe, RD will offer advice the whole family can follow. Her formula is a no-gimmicks program based on cutting-edge science. It contains practical, down-to-earth advice on how to become lean and youthful, while maximizing your potential every day. Joan focuses on what works, not just for diet because nutrition alone is not enough to keep you lean, fit and healthy for the rest of your life. The program also emphasizes the importance of intangibles such as humor, spirituality, and love, discussing how these elements can improve your health, appearance, and energy level.

Book will be available for purchase for the cost of \$20. Taught by Joan O'Keefe, RD. Tuesday - January 26. 9:30-11:30am. Room 232.

A.006 *Tuesday Morning Book Club*

If you like to read and are looking for other book enthusiasts, join us once a month for a lively discussion of diverse works of fiction. For our first meeting we will read The Help by Kathryn Stockitt. Led by Elizabeth Ong. Tuesdays - January 26, February 23, March 23, April 27 and May 11. 9:30-11:30am. Room 230.

A.007 *Walk/Jog*

Meet at Village Church for a group workout where you can walk or jog outside or exercise to a video inside. Led by Martha Mann. Tuesdays - January 26-May 4. 9:30-11:30am. Village Cup. **Class will not meet February 9, March 9, March 16 and April 13.**

A.008 *Decorating 101*

Discover decorating tips that work with any style. Explore various styles of design to learn more about your own personal style. Learn ways to incorporate color in your home with ease. Taught by AJ Miller from READY, SET, GORgeous. Wednesday, January 27. 10:00-11:00am. Room 132.

A.009 *Wednesday Handworks*

Two hours a week bring in those projects you want to finish but can never find the time ... whatever they might be! Led by Jill Hardy. Wednesdays - January 27-May 12. 9:30-11:30am. Rooms 132 and 133. **Class will not meet March 17. Class limit: 30.**

A.010 *Continuing Watercolor*

Enjoy the company of other watercolor artists of all levels ... beginner to master. Taught by Vesta York, Ed Harper and Roy Campbell. Wednesdays - January 27-May 12. 1:00-3:00pm. Room 15. **Childcare is not available. Class limit: 30.**

A.010 *Friday Handworks*

Take two hours out of your busy schedule to catch up with projects you can't seem to finish at home. Led by Mandy Steed. Fridays - January 29-May 7. 9:30-11:30am. Rooms 307/309/311. **Class will not meet February 12, March 12, March 19 and April 2. Class limit: 30.**

A.011 *Village Church Painters*

Create your own masterpieces in the company of other artists. Mediums include watercolor, oil and acrylic. Led by Nancy Preston. Fridays - January 29-May 14. 11:00am-3:00pm. Room 15. **Child care is not available.**

A.012 *Super Saturday Handworks*

Bring your projects for a day of free time to get them done. Led by Martha Mann. Saturday - January 30. 9:30am-4:00pm. Rooms 132/133. **Child care is offered from 9:30am-12 noon.**

A.013 *Redesigning with Style/Budget Decorating*

Learn how to decorate on a budget by using what you have. See before and after photos of rooms that have been redesigned. Participants will have the opportunity to share photos of troubled rooms and get ideas for improvements. Taught by AJ Miller from READY, SET, GOrgeous. Tuesday - February 2. 10:00-11:00am. Room 132.

A.014 *Make a Birdhouse & Gardening for Birds*

Come with your preschool-age children or just yourself to make a birdhouse and learn about backyard birds at the same time! Led by Kitty McKelvey from the Wild Bird Store. Friday - February 5. 9:30-11:00am. Room 233.

A.015 *No Sew Tutu*

Quick and easy no sewing class on making tutus. Great present or just something for your little girl! Taught by Michelle Dawdy. Wednesday- February 10. 9:30-11:30am. Room 124.

A.016 *Knitted Wrap*

Come knit a fun, versatile wrap! It is easy to do – would be a great present for yourself or some else! Participants should know how to knit and purl. Pattern will be supplied but participants will need to bring their own yarn and supplies. Taught by Pam Olander. Tuesdays- February 16 and March 9. 9:30-11:00am. Room 204.

A.017 *Everyday Eco*

An introduction to the many easy ways you can make eco-choices everyday that not only help you stay healthy and also benefit the planet but that also save you money! The choices focused on are ones that don't overhaul your lifestyle; they just green up the things you already use, buy and like to do! Taught by Courtney Fuchs. Tuesday- February 23. 9:30-11:30am. Room 232.

A.018 *Training for a Mother's Day 5K*

This is a 9-week program of walking/jogging to get you ready for your first 5K. The group will meet on Mondays. Each participant will receive a 9-week (3 days per week) training plan. Taught by James Stewart. Mondays - March 1-May 10. 10:00-11:00am. Village Cup. **Class will not meet on March 15, March 22 and April 5.**

A.019 *Simple Scarf Dress for Toddlers*

Easy to make scarf dress requires no sewing abilities. No sewing machine ... no problem! Can use a sewing machine or Steam-A-Seam. Darling ribbons tie into bows to complete the look. You are required to bring your own scarves and ribbon. Taught by Suzanne Perlik. Wednesday -

March 3. 9:30-11:30am. Room 132. **There is no additional \$5 class fee (payable in class) for participants who do not have a sewing machine.**

A.020 *Tour of Thomas Hart Benton Home*

Join us for a tour of the home of one of Kansas City's most famous artists. See where Thomas Hart Benton lived and worked and see some of his original works of art. The address of the tour is 3616 Bellevue in Kansas City, MO. Led by Elizabeth Ong. Friday - March 5. 10:00-11:00am. Child care will be available at Village Church. **Additional class fee (payable at the tour): \$2.50.**

A.021 *Kids and Crochet*

Do you have a daughter, niece, granddaughter or neighbor who loves to do projects? Here's a great opportunity to learn to crochet. Just think of all the fun patterns they could make! Taught by Nicole Muller. Wednesday - March 10. 6:30-8:00pm. Room 127. **Additional class fee (payable at the class): \$10.**

A.022 *PF Chang's Cooking Class*

See what Chef Tim is cooking up! Make authentic Chinese food in this hands-on class. No rings or bracelets, please! Taught by Chef Tim Bolger. Tuesday - March 30. 9:30-11:00am. At PF Chang's Restaurant on the Plaza. Child care will be available at Village Church. **Class limit: 20.**

A.023 *Quick & Easy Dinners*

Is your family tired of eating the same meals? Come to Quick & Easy dinners and bring home some new recipes to try! You will also learn tips and tricks for more organized grocery shopping and how to stock your pantry. Participants should bring their favorite quick and easy dinner recipe to share. Taught by Tarra Freberg. Wednesday - April 7. 9:30-11:30am. Room 230.

A.024 *Appreciation Gifts*

We all appreciate our teachers so very much. Need simple, affordable, and thoughtful gift ideas for teachers? Let's get together and share all of our wonderful ideas for fun ways to show the many teachers in our lives how much we appreciate them. Bring any and all ideas you have for creative gifts for not only teachers, but any special person. Led by Elizabeth Tudor. Friday - April 9. 9:30-11:30am. Room 233.

A.025 *Photography for Beginners*

Do you have a digital SLR camera but you have never quite figured out how to use it? Are you thinking about upgrading but you want to learn more about how it works? If so, please join us as we discuss the very basics of how the camera works, and some composition strategies for portrait photography! If you have a camera, please bring it to the class; otherwise, you are

welcome to come learn and share ideas. Led by Katie Trenkle. Friday - April 23. 9:30-11:30am. Room 233.

A.026 *Pillow Design 101*

Learn some basic sewing skills by making an accent pillow, a tooth fairy pillow, or any type of pillow you are interested in making. This class is designed for the beginning seamstress but seamstresses of all levels are welcome. Taught by Sean Droessler. Friday - April 30. 9:30-11:30am. Room 127.

A.027 *Summertime Fare*

Be ready for summertime entertaining with recipes and tastings for brunches, picnics or family reunions. This one-time class will include a tortellini trifle, chilled kabobs, Julia Child's applesauce cake and more. Taught by Brenda Nolte. Monday - May 3. 6:30-8:00pm. Room 204. **Additional class fee (payable at class): \$10.**

Bible Study

BI.001 *Especially for Women*

During the coming term the women of the Old Testament will be the focus of this class using the book, *Sisters at Sinai: New Tales of Biblical Women*. The author, Rabbi Jill Hammer, weaves together ancient tradition and creative imagination bringing to life the world and experiences of unforgettable women -- Sarah, Leah, Miraim and others, 24 in all. "Praised for its originality and expressiveness, Hammer gives biblical woman the honor they deserve as prophets, rulers, and teachers." Women of all ages are invited to join us for lively discussion and learning. Taught by Diane Quaintance. Fridays - January 8 – May 21. 9:30-11:00am. Room 132.

BI.002 *Disciple Short-Term Bible Study: Genesis*

This study takes groups into the rich tapestry of Genesis exploring the interaction between God and very human people- pride, family relationships, conflict and journey all showcase the best known stories of Creation, Noah, Abraham, Isaac, Jacob and Rebekah and Joseph. The video reflects the drama of the Genesis stories, first with selected text dramatized by an actor, and then study writer, Peter Enns, interviews a scholar to help unpack the meaning and the mystery in the stories. This is an excellent choice for adults with strong biblical background from Sunday school or personal study. Led by Desiree Reinke. Sundays – January 24 – April 11. 5:00-6:30pm. Room 126.

Sessions will include:

1. The Beginning...and What Went Wrong
2. Another Beginning: The Flood...and What Went Wrong
3. Another Beginning: Abraham and the Patriarchs
4. Abraham and a Glimpse to the Future
5. The Promise Fulfilled: Isaac

6. Another Beginning: Jacob and the Uneasy Birth of a People
7. Jacob: The Struggle Continues
8. Another New Beginning: Joseph and the Family of Israel
9. The Trek Into Egypt
10. An End and Another Beginning: Israel's Story

Faith

FA.001 *A Window to the World of Islam, Part II*

For more than a century, Muslims and Christians have been involved in heated debates throughout the world. Islam, terrorism, jihad and holy war often come to mind in the Western world. On the other hand, evil and colonialism can be synonymous in the Eastern world. Both faiths may be misrepresented by the media. Some of the most basic rules and beliefs of the Muslim faith remain unexplored and misunderstood. Let us come together for discussion of two important topics: 1. The Contribution of Islam to World Peace and the Gulen Movement; 2. Jihad and Terrorism as Viewed from the Muslim Perspective. Taught by Mehmet Ayaz. Wednesday - January 27. 6:30-8:00pm. Room 127.

Family

FM.001 *Being Married*

This course is held twice a week and is designed specifically for those preparing for marriage. During the five weeks we will focus on marriage expectations, communication and conflict, in-laws and out-laws, sex, money, and planning your wedding ceremony. Come meet other young couples who are on the way to making their vows. Learn how to build a secure foundation, avoid pitfalls and trust that God is at the center of your relationship. Taught by Rev. Meg Peery McLaughlin and Rev. Jarrett McLaughlin. Sundays - February 28; March 7, 14, 21 and 28; and Wednesdays - March 3, 10, 17, 24 and 31. 6:30-8:00pm. Room 132. **THIS COURSE IS FREE.**

Health/Wellness

HW.001 *Homegrown Healthy: The Benefits of Organic and Locally-Grown Foods*

Healthy food is one of the most basic needs, but the U.S. food system prioritizes profit, yield and convenience. Join us to learn about the health benefits for you, farm animals, and the rest of the world of growing our food organically and close to home. Presenters will be John Kurmann of ReEnergize KC, Laura Christensen of the Kansas City Center for Urban Agriculture and proprietor of Blue Door Farm, and Lisa Markley, a dietician and nutritionist. Wednesdays - January 13, 20 and 27. 6:30-8:00pm. Room 132.

HW.002 *Current Health Issues*

These three presentations will enable the participant to gain a greater understanding of current health issues. Specifically, week 1 (January 27), "You Are My Sunshine – What's the Deal with Vitamin D?," will cover new theories about Vitamin D; week 2 (February 3), "The Sacred

Rhythm of Rest,” will explore what sleep and rest do physiologically; and week 3 (February 10), “Oh My Aching _____! A Study of Pain,” will cover the physiology and treatment of pain. Taught by Barbara Bollier, M.D. Wednesdays - January 27, February 3 and 10. 6:30-8:00 p.m. Room 133. **THIS COURSE IS FREE.** Sponsored by the Village Church Parish Nurses.

HW.003 *Tai Chi*

This exercise class focuses on older adults. Tai chi is gentle physical exercise and stretching where you perform a series of postures or movements in a slow, graceful manner. It is non-competitive and self-paced. The goals of this class are to improve balance and health and to increase longevity. The only requirements are a positive attitude and a sense of humor! Students should wear loose, comfortable clothing. Taught by Adrian Mason. Mondays – January 25-February 15. 9:30-10:20am. Rooms 232/233. **THIS COURSE IS FREE, but donations are welcome and will be given to benefit the Village Church Emergency Assistance program.**

HW.004 *Tai Chi: Mobility Recovery*

This class focuses on teaching Tai Chi to individuals who use a cane, walker, or wheelchair to assist with their mobility. **This weekly class will be limited to six students.** Taught by Adrian Mason. Mondays - January 25-February 15. 10:30-11:00am. Rooms 232/233. **THIS COURSE IS FREE, but donations are welcome and will be given to benefit the Village Church Emergency Assistance program.**

Literature

LT.001 *A Taste of Shakespeare*

T.S. Eliot once wrote, "Dante and Shakespeare divide the modern world between them; there is no third." This course will examine Shakespeare as a modern thinker, influencing readers and critics through the ages. We will facilitate discussions about culture, religion, art, history, relationships, and everything else Shakespeare has to offer, with the stage and film histories of each of the plays. Please come to the first class having read (or reread) *Hamlet*, which we will study during the first two weeks of the course. The next four weeks, we will read *Julius Caesar*, *Romeo and Juliet*, *Cymbeline*, and *Richard III*. We will use the Signet Classic versions of the text, which are very scholarly (i.e., inexpensive), though any annotated versions of the plays will work. Instructors: Kelly Fast and Steve Himes. Thursdays - January 21, 28 and February 4, 11, 18 and 25. 6:30-8:00pm. Room 232.

Social Issues

SI.001 *Hope for Iraqi Refugees*

This course will examine the Iraqi refugee crisis, the second largest refugee population in the world. We will explore how life for Iraqi refugees and internally displaced Iraqis differ from the experience of other refugee groups. The moral responsibility the U.S. may have to help those

forced from their homes by the war will be considered. Finally, we will identify ways individuals and groups in Kansas City can help refugees seeking to make a new life here in the Kansas City metro and ways we can advocate for U.S. policies and funding to relive some of the suffering of the over four million Iraqis who are displaced inside Iraq or refugees in neighboring countries. The class will include a talk by Hisham Abdullah, an Iraqi refugee resettling in the Kansas City area who will share his story about leaving Iraq, life as a refugee and coming to the United States. Taught by Ira Harritt. Wednesday - January 20. 6:30-8:00pm. Room 132.

SI.001 *A Pastoral Response to Domestic Violence*

This 90 minute workshop helps participants understand how the faith community can respond to victims of domestic violence in a helpful, healing manner. Participants will learn the different types of abuse, and how to recognize signs of abuse. Support for both adults and children will be addressed. Participants will receive a resource packet with materials for further study on these subjects, as well as materials which can be shared with victims of domestic violence. Taught by Rev. Patricia Longstroth, Chaplain, Rose Brooks Center. Tuesday - January 26. 6:30-8:00pm. Room 232.

Theology

TH.001 *Why Pay Off Your Mortgage? Predicting the End of Time*

In 1976, the Steve Miller Band recorded the song “Fly Like an Eagle” and part of the memorable lyrics said:

Time keeps on slippin', slippin', slippin'
Into the future
Time keeps on slippin', slippin', slippin'
Into the future

But what is the future? No matter how hard we try, as time bound creatures we cannot predict the future – or can we? From the earliest records of human history, there have been attempts to predict the future and ultimately the end of time. A decade ago, some believed that the year 2000 would be the end of time. Now, the predictions center around December 21 or 22, 2012 as the end of time – based on the Mayan Calendar.

This course is a three part study of the concept of being able to predict the end of time.

December 21, 2012 and other current predictions

Week 1 – Biblical predictions of the end of time

Week 2 – History of humankind's attempt to predict the end of time.

Week 3 – Y2K

Led by Dr. Ron Patton, H.R., a time bound human being. Wednesdays – January 20, 27 and February 3. 6:30-8:00pm. Room 126.